



Case Report

Globus Pharyngeus

Patient Details:

Female, 46 years old, First visit 23/03/2022
Treatment: Acupuncture and Herbs

Chief Complaint:

Globus Pharyngeus: the painless sensation of a lump in the throat. It is a commonly encountered clinical condition that is usually long-lasting and has a tendency to recur.

Complaint history and Characteristics

She has been suffered from Globus Pharyngeus for over a year and constantly feeling something stuck in her throat. This feeling is worse during day time. She coughs a lot and can feel phlegm in her chest. She also feels sick when coughs. She has a history of smoking.

Medical history

Sinusitis and Menopause.

Treatment:

Acupuncture: BAIHUI (GOV20), LIANQUAN (REN23), QUCHI(LI11), FENGLONG(ST40), ZHAOHAI(KI6) , YINTANG(M-HN-3), YINGXIANG(LI20), LIEQUE (LU7)

Herbal

Chinese	Pharmaceutical Latin	Pin Yin
厚朴	Cortex Magnoliae Officinalis	Hou Po
茯苓	Scierotium Poriae Cocos	Fu Ling
干姜	Dried ginger	Gan Jiang
苏梗	Perillae Ramulus	Su Geng
香附	Rhizoma Cyperi Rotundi	Xiang Fu
枳实	Fructus Immaturus Citri Aurantii	Zhi Shi
陈皮	Orange peel	Chen Pi
甘草	Radix Glycyrrhizae	Gan Cao
草果	Fructus Amomi Tsao-ko	Cao Guo

Prescription:

Progress:

Since the first week, the lump feeling in the throat and sickness has been getting less. The lump feeling totally disappeared after 3 weeks of Acupuncture and herbal medicine treatment.

